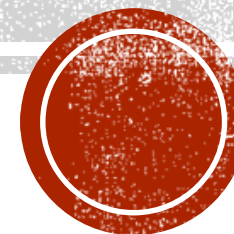


SCHOOL WELLNESS POLICY REVISION

Rice Lake Area School District

2017



WELCOME AND INTRODUCTION

- ✓ **School Wellness Committee members**
- ✓ **Folder contents**
- ✓ **Agenda**
- ✓ **Format**



WELLNESS COMMITTEE MEMBERS

- Susan Strouf: Director of Pupil Services/Administrator
- Callie Hackel: Food Service Coordinator
- Trisha Neuser: School Nurse/Middle School and High School
- Paula Kodesh: School Nurse Elementary School
- Beth Unbehaun: FACE Teacher/High School Teacher
- Dan Haughian: Health Teacher/Middle School Teacher
- Paul Thurston: Health Teacher/High School Teacher
- Carley Schnacky: Physical Education Teacher/Middle School
- Jen Jensen: Physical Education Teacher/Elementary Teacher Tainter
- Lori Neuman: School Counselor/ Haugen and Hilltop Elementary
- Lori Bowman: Executive Director Benjamin House/Parent
- Karla Arrigoni: Registered Dietician/Parent
- Steve Parkman: Business Representative/Parent
- Students: Rotation of students



SCHOOL WELLNESS POLICY: BACKGROUND

2004 Child Nutrition and WIC Reauthorization Act

- ✓ Nutrition guidelines for all foods available on campus during the day, with the goal of promoting student health and reducing childhood obesity
- ✓ Goals for **nutrition education, physical education, and other school-based activities** designed to promote wellness
- ✓ A plan for measuring implementation including at least one person in district responsible for oversight
- ✓ Developed by a group of stakeholders



SCHOOL WELLNESS POLICY: BACKGROUND

2010 Healthy Hunger-Free Kids Act

- ✓ Provisions for reporting to the public about the policy's content and implementation
- ✓ Provisions for the periodic assessment of the policy
- ✓ Inclusion of goals for **nutrition promotion**



**FULL COMPLIANCE REQUIRED JUNE 30,
2017**



SCHOOL WELLNESS POLICY

- ✓ **Promote student wellness**
- ✓ **Prevent childhood obesity**
- ✓ **Provide assurance school meals served to students meet the minimum nutrition guidelines**



USDA FOOD AND NUTRITION SERVICES: FINAL RULE

- ✓ Content of Wellness Policy
- ✓ Wellness Leadership
- ✓ Public Involvement
- ✓ Triennial Assessments
- ✓ Documentation
- ✓ Updates
- ✓ Public Updates



DECIDE ON PROCESS

Options:

- 1) Small committee develop draft policy and rules including required items and determine items to bring back to larger committee for further discussion
- 2) Two small committees (nutrition and physical education)
- 3) DPI policy builder



NEXT LARGE GROUP MEETING

- May 2
- May 4

