

**Elementary
Lunch Menu
March 2020**

Rice Lake School District

March is National Celery Month!

Celery is a crunchy snack that is primarily grown in California.

Offer vs Serve Meal Pattern:

Students are offered 5 Food Components: Meat/Meat Alt, Grain (Whole Grain Rich), Fruit, Vegetables, and Milk

Asked to Choose at least 3 Full Components, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items

Complete Your Lunch with Ice Cold Assorted Milk (Skim, 1%, or FF Chocolate)

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Nuggets Rice a Roni Broccoli/Baby Carrots Fresh Fruit Homemade Dinner Roll Nugget Dip/Smart Balance	3 Macaroni and Cheese Garlic Breadstick Green Beans Sliced Fresh Red Peppers Diced Peaches	4 Mini Corn Dogs Goldfish Pretzels Baked Beans Celery Sticks Applesauce Ketchup/Mustard	5 Cheesy French Bread Red Sauce Lettuce Baby Carrots Fresh Fruit Light Ranch	6 No School - Elementary Only Teacher in Service
9 Loaded Nachos Corn Lettuce Diced Tomatoes Fresh Fruit Salsa/Sour Cream	10 Hamburger on a Homemade Bun Potato Smiles Lettuce/Tomatoes/Pickles Fresh Fruit Ketchup/Mustard	11 Hot Dog on a Bun Goldfish Crackers Baked Beans Baby Carrots Mixed Fruit Ketchup/Mustard	12 Breaded Chicken Patty on a Homemade Bun Broccoli Sliced Cucumbers Applesauce Mayo/Light Ranch	13 Mozzarella Dippers Red Sauce Cooked Carrots Celery Sticks Diced Pears Light Ranch
16 Popcorn Chicken Corn Baby Carrots Diced Peaches Homemade Dinner Roll Ketchup/Ranch/Smart Balance	17 Breaded Ravioli with Red Sauce Warm Garlic Breadstick Green Beans/Celery Sticks Fresh Fruit Light Ranch Homemade Cookie	18 Sub Sandwich Cheez Its Baked Beans Lettuce/Sliced Tomatoes Fresh Fruit Mayo/Light Ranch	19 Pancakes Sausage Patty Tri Tators Baby Carrots Orange Juice Syrup/Ketchup	20 Pizza Broccoli Lettuce/Sliced Cucumbers Fresh Fruit Homemade Dinner Roll Light Ranch/Smart Balance
23 No School Spring Vacation	24 No School Spring Vacation	25 No School Spring Vacation	26 No School Spring Vacation	27 No School Spring Vacation
30 Cheeseburger on a Homemade Bun Potato Wedges Lettuce/Tomatoes/Pickles Fresh Fruit Ketchup/Mustard	31 Walking Taco Corn Lettuce Diced Tomatoes Fresh Fruit Salsa/Sour Cream			Lunch Prices: High School \$2.95 Middle School \$2.80 Elementary \$2.65 Adult/Guest \$3.85

Menus are subject to change due to food availability

This institution is an equal opportunity provider.