

Elementary Lunch Menu November 2018

Rice Lake School District


***Look for New Menu Items Throughout the Year!!
The Food Service Tab on our School Website will be updated if changes occur to the menu.***

***Complete Your Lunch with Ice Cold Assorted Milk
(Skim, 1%, or FF Chocolate)***

Offer vs Serve Meal Pattern:

Students are offered 5 Food Components:
Meat/Meat Alt, Grain (Whole Grain Rich),
Fruit, Vegetables, and Milk

*Asked to Choose at least 3 Full
Components, one of which must be 1/2
cup fruit or vegetable, encouraged to
choose all items*

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Lunch Prices: High School \$2.95 Middle School \$2.80 Elementary \$2.65 Adult/Guest \$3.85</p>  <p>Complete Your Lunch with Ice Cold Assorted Milk (Skim, 1%, or FF Chocolate)</p>			<p>1 Chicken Drummie Mashed Potatoes w/Gravy Peas Fresh Fruit Homemade Dinner Roll Smart Balance</p>	<p>2 Cheesy Garlic French Bread Red Sauce Cooked Carrots Lettuce/Cucumbers Diced Pears Ranch Dressing</p>
<p>5 Loaded Nachos Corn Iceberg Lettuce Diced Tomatoes Fresh Fruit Salsa/Sour Cream/</p>	<p>6 Hamburger on a Homemade Bun Potato Smiles Lettuce/Tomatoes/Pickles Fresh Fruit Ketchup/Mustard</p>	<p>7 Hot Dog on a Bun Goldfish Crackers Baked Beans Baby Carrots Mixed Fruit Ketchup/Mustard</p>	<p>8 Breaded Chicken Patty on a Homemade Bun Cooked Carrots Fresh Cucumber Slices Warm Cinnamon Apple Slices Mayo</p>	<p>9 Mozzarella Dippers Red Sauce Celery Sticks Broccoli Diced Peaches Ranch Dressing</p>
<p>12 Popcorn Chicken Broccoli Baby Carrots Fresh Fruit Homemade Dinner Roll Ketchup/Smart Balance</p>	<p>13 Pancakes Sausage Patty Tator Tots Baby Carrots Fresh Fruit Syrup/Ketchup</p>	<p>14 Pizza Cooked Carrots Baked Beans Celery Sticks Diced Pears Ranch Dressing</p>	<p>15 Turkey Dinner Mashed Potatoes w/Gravy Homemade Stuffing Green Beans/Cranberries Caramel Apple Juice Pumpkin Bar</p>	<p>16 <i>No School - Elementary Only Teacher In Service</i></p>
<p>19 Cheesy Breadstick w/Red Sauce Broccoli Baked Beans Homemade Dinner Roll Mixed Fruit Smart Balance</p>	<p>20 Walking Taco Corn Lettuce/Diced Tomatoes Homemade Dinner Roll Fresh Fruit Salsa/Sour Cream/Smart Balance</p>	<p>21 <i>No School Thanksgiving Break</i></p>	<p>22 <i>No School Thanksgiving Break</i></p>	<p>23 <i>No School Thanksgiving Break</i></p>
<p>26 Chicken Nuggets Rice a Roni Broccoli Celery Sticks Fresh Fruit Nugget Dip</p>	<p>27 Macaroni and Cheese Warm Garlic Breadstick Green Beans Coleslaw/Baby Carrots Applesauce Ranch Dressing</p>	<p>28 Breaded Chicken Patty on a Homemade Bun Seasoned Potato Cubes Baked Beans/Cucumber Slices Fresh Fruit Mayo/Ketchup</p>	<p>29 Chicken Alfredo over Pasta Peas Fresh Red Peppers Homemade Dinner Roll Diced Peaches</p>	<p>30 Cheeseburger on a Homemade Bun Potato Wedges Lettuce/Tomatoes/Pickles Fresh Fruit Ketchup/Mustard</p>
<p>Menus are subject to change due to food availability</p>			<p>This institution is an equal opportunity provider.</p>	