

# Elementary Lunch Menu September 2020

Rice Lake School District



***Look for New Menu Items Throughout the Year!!***  
***The Food Service Tab on our School Website will be updated if changes occur to the menu.***

***Complete Your Lunch with Ice Cold Assorted Milk  
(1% White or FF Chocolate)***



**Offer vs Serve Meal Pattern:**

Students are offered 5 Food Components:  
 Meat/Meat Alt, Grain (Whole Grain Rich),  
 Fruit, Vegetables, and Milk

\*Asked to Choose at least 3 Full Components, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items\*

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
 1	<b>No School - Elementary Open House</b> 1	<b>Hot Dog on a Bun Goldfish Crackers Baked Beans Mixed Fruit Ketchup Milk</b> 2	<b>Breaded Chicken Patty on a Bun Fresh Carrots &amp; Celery w/Ranch Fresh Fruit Mayo Milk</b> 3	<b>Mozzarella Dippers</b> Red Sauce Broccoli Diced Peaches Milk 4
<b>No School Labor Day</b> 7	<b>Popcorn Chicken</b> Baked Beans Fresh Fruit Dinner Roll w/Smart Balance Ketchup Milk 8	<b>Breaded Ravioli with Red Sauce</b> Fresh Carrots & Pea Pods w/Ranch Diced Pears Milk 9	<b>Pancakes Sausage Patty</b> Tri Tators Orange Juice Syrup/Ketchup Milk 10	<b>Pizza</b> Broccoli Applesauce Fruit Snack Milk 11
<b>Cheesy Breadstick</b> Red Sauce Baked Beans Diced Peaches Dinner Roll w/Smart Balance Milk 14	<b>Walking Taco</b> Corn Lettuce/Diced Tomatoes Fresh Fruit Salsa Milk 15	<b>Chicken Tenders Cheez Its</b> Fresh Carrots & Broccoli w/Ranch Strawberry Cup Ketchup Milk 16	<b>Chicken Alfredo Pasta</b> Peas Fresh Fruit Dinner Roll w/Smart Balance Milk 17	<b>Cheeseburger on a Bun Potato Wedges w/Ketchup</b> Lettuce/Tomatoes Fresh Fruit Milk 18
<b>Chicken Nuggets Rice a Roni</b> Fresh Carrots & Pea Pods w/Ranch Fresh Fruit Ketchup Milk 21	<b>Macaroni and Cheese Warm Garlic Breadstick</b> Green Beans Diced Peaches Milk 22	<b>Mini Corn Dogs Goldfish Pretzels</b> Baked Beans Applesauce Ketchup Milk 23	<b>Chicken Drumstick Whipped Potatoes</b> Peas Dinner Roll w/Smart Balance Fresh Fruit Milk 24	<b>No School Teacher In-service</b> 25
<b>Nachos</b> Corn Lettuce/Diced Tomatoes Fresh Fruit Salsa Milk 28	<b>Hamburger on a Bun Potato Smiles w/Ketchup</b> Lettuce/Tomato Fresh Fruit Milk 29	<b>Hot Dog on a Bun Goldfish Crackers</b> Baked Beans Mixed Fruit Ketchup Milk 30	<b>Lunch Prices:</b> High School \$2.95 Middle School \$2.80 Elementary \$2.65 Adult/Guest \$3.85	



Menus are subject to change due to food availability

This institution is an equal opportunity provider.