

High School November 2018 Breakfast Menu


Offer vs Serve Meal Pattern: Students are offered 4 Food Items: Meat/Meat Alt, Grain (Whole Grain Rich), Fruit, Vegetables, and Milk
 Asked to Choose at least 3 Full Items, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items

**HOT BREAKFAST IS OFFERED AT THE HIGH SCHOOL
 THREE TIMES A WEEK!!**

Breakfast Prices

Breakfast is offered before school and during snack line

Students \$1.50
 Adults/Guests \$2.00

Monday	Tuesday	Wednesday	Thursday	Friday
Complete Your Breakfast with Ice Cold Assorted Milk (Skim, 1%, and FF Chocolate)			Mini Long John Donut OR Chocolate Chip Muffin <i>*Yogurt/Fresh Fruit/Juice*</i>	Sausage Breakfast Pizza OR Assorted Cereal & Goldfish Crackers <i>*Applesauce Cup/Juice*</i>
Sausage Breakfast Pizza OR Lucky Charm Cereal & Scooby Doo Crackers <i>*Applesauce Cup/Juice*</i>	Mini Long John Donut OR Trix Cereal Bar <i>*String Cheese/ Fresh Fruit/Juice*</i>	Sausage/Ch Brkfst Sandwich OR Golden Graham Cereal & Bug Bites <i>*Fruit Cup/Juice*</i>	Ultimate Cinnamon Breakfast Bar Yogurt Cup Fresh Fruit Grape Juice	Mini Cinnamon Donuts OR Cocoa Puff Bar & Animal Crackers <i>*Applesauce Cup/Juice*</i>
Sausage Breakfast Pizza OR Cheerios Cereal & Goldfish Crackers <i>*Applesauce Cup/Juice*</i>	Mini Cinnamon Donuts OR Cinn Toast Crunch Bar <i>*String Cheese/ Fresh Fruit/Juice*</i>	Sausage/Ch Brkfst Sandwich OR Cinnamon Chex Cereal Sport Crackers <i>*Fruit Cup/Juice*</i>	Mini Long John Donut OR Blueberry Muffin <i>*Yogurt/Fresh Fruit/Juice*</i>	Sausage Breakfast Pizza OR Assorted Cereal & Giant Goldfish Crackers <i>*Applesauce Cup/Juice*</i>
Sausage Breakfast Pizza OR Cocoa Puff Cereal & Bug Bites <i>*Applesauce Cup/Juice*</i>	Mini Cinnamon Bagel Fresh Fruit Juice	<p style="text-align: center;">No School Thanksgiving Break</p>	<p style="text-align: center;">No School Thanksgiving Break</p>	<p style="text-align: center;">No School Thanksgiving Break</p>
Sausage Breakfast Pizza OR Cinn Toast Crunch Cereal Bug Bites <i>*Applesauce Cup/Juice*</i>	Mini Cinnamon Donuts OR Appleway Bar <i>*String Cheese/ Fresh Fruit/Juice*</i>	Sausage/Ch Brkfst Sandwich OR Trix Cereal & Giant Goldfish Crackers <i>*Fruit Cup/Juice*</i>	Warm Bagel with Cream Cheese Yogurt Cup Fresh Fruit <i>*Yogurt/Fresh Fruit/Juice*</i>	Sausage/Ch Brkfst Sandwich OR Krispie Granola Choc Bar Sport Crackers <i>*Applesauce Cup/Juice*</i>

Menus are subject to change due to food availability

This institution is an equal opportunity provider.