

High School December 2018 Breakfast Menu

Offer vs Serve Meal Pattern: Students are offered 4 Food Items: Meat/Meat Alt, Grain (Whole Grain Rich), Fruit, Vegetables, and Milk
 Asked to Choose at least 3 Full Items, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items

**HOT BREAKFAST IS OFFERED AT THE HIGH SCHOOL
 THREE TIMES A WEEK!!**

Breakfast Prices

Breakfast is offered before school and during snack line

Students \$1.50
 Adults/Guests \$2.00

Monday	Tuesday	Wednesday	Thursday	Friday
3 Sausage Breakfast Pizza OR Lucky Charm Cereal & Scooby Doo Crackers <i>*Applesauce Cup/Juice*</i>	4 Mini Long John Donut OR Trix Cereal Bar <i>*String Cheese/ Fresh Fruit/Juice*</i>	5 Sausage/Ch Brkfst Sandwich OR Golden Graham Cereal & Bug Bites <i>*Fruit Cup/Juice*</i>	6 Cinnamon Roll with Frosting Yogurt Cup Fresh Fruit Grape Juice	7 Mini Cinnamon Donuts OR Cocoa Puff Bar & Animal Crackers <i>*Applesauce Cup/Juice*</i>
10 Sausage Breakfast Pizza OR Cheerios Cereal & Goldfish Crackers <i>*Applesauce Cup/Juice*</i>	11 Mini Cinnamon Donuts OR Cinn Toast Crunch Bar <i>*String Cheese/ Fresh Fruit/Juice*</i>	12 Sausage/Ch Brkfst Sandwich OR Kix Cereal & Sport Crackers <i>*Fruit Cup/Juice*</i>	13 Mini Long John Donut OR Blueberry Muffin <i>*Yogurt/Fresh Fruit/Juice*</i>	14 Sausage Breakfast Pizza OR Assorted Cereal & Giant Goldfish Crackers <i>*Applesauce Cup/Juice*</i>
17 Sausage Breakfast Pizza OR Cocoa Puff Cereal & Bug Bites <i>*Applesauce Cup/Juice*</i>	18 Mini Cinnamon Bagel Fresh Fruit Juice	19 Sausage/Ch Brkfst Sandwich OR Trix Cereal & Giant Goldfish Crackers <i>*Fruit Cup/Juice*</i>	20 Warm Bagel w/Cr Cheese OR Ultimate Cinnamon Breakfast Bar <i>*Yogurt/Fresh Fruit/Juice*</i>	21 Sausage Breakfast Pizza OR Krispie Granola Choc Bar Sport Crackers <i>*Applesauce Cup/Juice*</i>
24 <i>No School Winter Vacation</i>	25 <i>No School Winter Vacation</i>	26 <i>No School Winter Vacation</i>	27 <i>No School Winter Vacation</i>	28 <i>No School Winter Vacation</i>
31 <i>No School Winter Vacation</i>	January 1st <i>No School Winter Vacation</i>	January 2nd Sausage Breakfast Pizza OR Honey Nut Cheerios Cereal & Scooby Doo Crackers <i>*Applesauce Cup/Juice*</i>	January 3rd Mini Long John Donut OR Chocolate Chip Muffin <i>*Yogurt/Fresh Fruit/Juice*</i>	January 4th Sausage Breakfast Pizza OR Assorted Cereal & Goldfish Crackers <i>*Applesauce Cup/Juice*</i>

Menus are subject to change due to food availability

This institution is an equal opportunity provider.