

# High School Lunch Menu September 2020

Rice Lake School District



***Look for New Menu Items Throughout the Year!!***  
***The Food Service Tab on our School Website will be updated if changes occur to the menu.***

***Complete Your Lunch with Ice Cold Assorted Milk  
(1% White or FF Chocolate)***



**Offer vs Serve Meal Pattern:**

Students are offered 5 Food Components:  
 Meat/Meat Alt, Grain (Whole Grain Rich),  
 Fruit, Vegetables, and Milk

\*Asked to Choose at least 3 Full Components, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items\*

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	1 <b>9th Grade Only</b> Rodeo Burger Big Daddy Pizza <u>Sides:</u> Seasoned Waffle Fries Side Kick	2 Walking Tacos Rodeo Burger - until gone Big Daddy Pizza <u>Sides:</u> Corn Fresh Fruit	3 Brd Chicken Patty on a Bun Cook's Choice Big Daddy Pizza <u>Sides:</u> Side Salad Fresh Fruit	4 Mozzarella Dippers Cook's Choice Big Daddy Pizza <u>Sides:</u> Broccoli Diced Peaches
7 No School Labor Day	8 Popcorn Chicken Bowl Cook's Choice Big Daddy Pizza <u>Sides:</u> Corn Fresh Fruit	9 Brd Ravioli w/Red Sauce Cook's Choice Big Daddy Pizza <u>Sides:</u> Baked Beans Diced Pears	10 French Toast w/Sausage Cook's Choice Big Daddy Pizza <u>Sides:</u> Tri Tators Orange Juice	11 General Tso Chicken w/Rice Cook's Choice Big Daddy Pizza <u>Sides:</u> Broccoli Applesauce
14 Cheesy Breadsticks Cook's Choice Big Daddy Pizza <u>Sides:</u> Baked Beans Diced Peaches	15 Walking Taco Cook's Choice Big Daddy Pizza <u>Sides:</u> Corn Fresh Fruit	16 Spicy Brd Chicken Patty on a Bun Cook's Choice Big Daddy Pizza <u>Sides:</u> Cheez Its Strawberries	17 Chicken Alfredo Cook's Choice Cheesy Garlic French Bread <u>Sides:</u> Peas Fresh Fruit	18 Mandarin Orange Chicken Cook's Choice Big Daddy Pizza <u>Sides:</u> Broccoli Fresh Fruit
21 Chicken Nuggets Cook's Choice Big Daddy Pizza <u>Sides:</u> Rice a Roni Broccoli/Fresh Fruit	22 Rodeo Burger Cook's Choice Quesadilla <u>Sides:</u> Green Beans Diced Peaches	23 Mini Corn Dogs Cook's Choice Big Daddy Pizza <u>Sides:</u> Harvest Cheddar Sun Chips Baked Beans/Applesauce	24 Chicken Gravy Cook's Choice Big Daddy Pizza <u>Sides:</u> Whipped Potatoes/Peas Fresh Fruit	25 No School Teacher In-service
28 Walking Taco Cook's Choice Big Daddy Pizza <u>Sides:</u> Corn Fresh Fruit	29 Honey Sriracha Nuggets Cook's Choice Big Daddy Pizza <u>Sides:</u> Seasoned Wedges Fresh Fruit	30 Rodeo Burger Cook's Choice Cheesy Garlic French Bread <u>Sides:</u> Baked Beans Mixed Fruit	<b>Lunch Prices:</b> High School \$2.95 Middle School \$2.80 Elementary \$2.65 Adult/Guest \$3.85	



Menus are subject to change due to food availability

This institution is an equal opportunity provider.