

High School Lunch Menu October 2018

Rice Lake School District

Look for New Menu Items Throughout the Year!!
The Food Service Tab on our School Website will be updated if changes occur to the menu.

Complete Your Lunch with Ice Cold Assorted Milk
(Skim, 1%, or FF Chocolate)

Offer vs Serve Meal Pattern:
Students are offered 5 Food Components:
Meat/Meat Alt, Grain (Whole Grain Rich),
Fruit, Vegetables, and Milk
*Asked to Choose at least 3 Full
Components, one of which must be 1/2
cup fruit or vegetable, encouraged to
choose all items*

Hot Lunch Options

Monday	Tuesday	Wednesday	Thursday	Friday							
1 <i>No School Teacher In Service</i>	2 Chicken Nuggets Italian Meatball Sub Big Daddy Pizza <u>Sides:</u> Rice a Roni Broccoli	3 Rodeo Burger BBQ Pork Patty on a Bun Cheesy Garlic French Bread <u>Sides:</u> Seasoned Waffle Fries Baked Beans/Applesauce	4 Chicken Gravy Burger w/ Choice of Cheese Big Daddy Pizza <u>Sides:</u> Mashed Potatoes Peas	5 Spicy Brd Chicken on Bun Teriyaki Chicken Big Daddy Pizza <u>Sides:</u> Rice a Roni/Cooked Carrots Diced Peaches							
8 Walking Tacos Toasted Italian Sub Big Daddy Pizza <u>Sides:</u> Corn Fresh Fruit	9 Chicken Drumsticks Burger w/ Choice of Cheese Big Daddy Pizza <u>Sides:</u> Mashed Potatoes/Gravy Green Beans	10 Burger w/ Choice of Cheese Scalloped Potatoes/Ham Cheesy Garlic French Bread <u>Sides:</u> Baked Beans Mixed Fruit	11 Brd Chicken Patty on a Bun Quesadilla Big Daddy Pizza <u>Sides:</u> Broccoli Warm Cinnamon Apples	12 Mozzarella Dippers Mandarin Orange Chicken Big Daddy Pizza <u>Sides:</u> Cooked Carrots Diced Pears							
15 Popcorn Chicken Bowl Italian Meatball Sub Big Daddy Pizza <u>Sides:</u> Corn Fresh Fruit	16 Loaded Potato Oles Corn Dog on a Stick Big Daddy Pizza <u>Sides:</u> Green Beans Diced Peaches	17 Rodeo Burger Shredded BBQ Pork on Bun Cheesy Garlic French Bread <u>Sides:</u> Baked Beans Fresh Fruit	18 General Tso Chicken Warrior Burger Big Daddy Pizza <u>Sides:</u> Rice a Roni Orange Juice	19 <i>No School Teacher In Service</i>							
22 Cheesy Breadsticks Burger w/ Choice of Cheese Big Daddy Pizza <u>Sides:</u> Broccoli Mixed Fruit	23 Walking Taco Italian Brd Chicken Sandwich Big Daddy Pizza <u>Sides:</u> Corn Fresh Fruit	24 French Toast w/Sausage Mini Corn Dogs Big Daddy Pizza <u>Sides:</u> Tri Tators Orange Juice	25 Chicken Alfredo Burger w/ Choice of Cheese Cheesy Garlic French Bread <u>Sides:</u> Peas Fresh Fruit	26 Brd Chicken Patty on Bun Mandarin Orange Chicken Big Daddy Pizza <u>Sides:</u> Rice a Roni Cooked Carrots							
29 Chicken Nuggets Italian Meatball Sub Big Daddy Pizza <u>Sides:</u> Rice a Roni Broccoli	30 Rodeo Burger BBQ Shredded Pork on Bun Cheesy Garlic French Bread <u>Sides:</u> BBQ Sidewinder Potatoes Coleslaw/Fresh Fruit	31 Mini Corn Dogs Toasted Italian Sub Big Daddy Pizza <u>Sides:</u> Harvest Cheddar Sun Chips Sugar Cookie									
<p>Menus are subject to change due to food availability</p>					<p>Lunch Prices:</p> <table> <tr> <td>High School</td> <td>\$2.95</td> </tr> <tr> <td>Middle School</td> <td>\$2.80</td> </tr> <tr> <td>Elementary</td> <td>\$2.65</td> </tr> <tr> <td>Adult/Guest</td> <td>\$3.85</td> </tr> </table>	High School	\$2.95	Middle School	\$2.80	Elementary	\$2.65
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Salad Bar Options

- Monday**
Chef Salad Choices
Sub Sandwich w/Chips
*Variety of Toppings
*Cottage Cheese
- Tuesday**
Chef Salad Choices
Ranch Chicken Wrap w/Chips
*Variety of Toppings
*GoGurt
- Wednesday**
Chef Salad Choices
Sub Sandwich w/Chips
*Variety of Toppings
*Cottage Cheese
- Thursday**
Chef Salad Choices
Caesar Chicken Wrap w/Chips
*Variety of Toppings
*GoGurt
- Friday**
Chef Salad Choices
Sub Sandwich w/Chips
*Variety of Toppings
*Cottage Cheese

~Daily Choice of Fresh
Veggies and Fruit~



**PB & Jelly Uncrustables
offered on the Hot Line
as another option on
Monday/Wednesday/Friday

This institution is an equal opportunity provider.