

# Elementary/Middle School December 2018 Breakfast Menu

**Offer vs Serve Meal Pattern:** Students are offered 4 Food Items: Meat/Meat Alt, Grain (Whole Grain Rich), Fruit, Vegetables, and Milk  
 \*Asked to Choose at least 3 Full Items, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items\*

*Complete Your Breakfast with Ice Cold Assorted Milk  
 (Skim, 1%, and FF Chocolate)*

### Breakfast Prices

**Students**                    \$1.50  
**Adults/Guests**            \$2.00

## *Breakfast Option*

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>3</b>  Lucky Charm Cereal Scooby Doo Crackers Applesauce Cup Fruit Punch Juice	<b>4</b>  Trix Cereal Bar String Cheese Fresh Fruit Apple Juice	<b>5</b>  Golden Graham Cereal Bug Bites Fruit Cup Orange Juice	<b>6</b>  Cinnamon Roll with Frosting Fresh Fruit Grape Juice	<b>7</b>  Cocoa Puff Bar Animal Crackers Applesauce Cup Assorted Juice
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>10</b>  Cheerios Cereal Goldfish Crackers Applesauce Cup Fruit Punch Juice	<b>11</b>  Cinn Toast Crunch Bar String Cheese Fresh Fruit Apple Juice	<b>12</b>  Kix Cereal Sport Crackers Fruit Cup Orange Juice	<b>13</b>  Blueberry Muffin Yogurt Cup Fresh Fruit Grape Juice	<b>14</b>  Assorted Cereal Giant Goldfish Crackers Applesauce Cup Assorted Juice
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>17</b>  Cocoa Puff Cereal Bug Bites Applesauce Cup Fruit Punch Juice	<b>18</b>  Mini Cinnamon Bagel Fresh Fruit Apple Juice	<b>19</b>  Trix Cereal Giant Goldfish Crackers Applesauce Cup Orange Juice	<b>20</b>  Ultimate Cinnamon Breakfast Bar Fresh Fruit Grape Juice	<b>21</b>  Krispie Granola Choc Bar Sport Crackers Applesauce Cup Assorted Juice
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>No School Winter Vacation</b>	<b>No School Winter Vacation</b>	<b>No School Winter Vacation</b>	<b>No School Winter Vacation</b>	<b>No School Winter Vacation</b>
<b>31</b>	<b>January 1st</b>	<b>January 2nd</b>	<b>January 3rd</b>	<b>January 4th</b>
<b>No School Winter Vacation</b>	<b>No School Winter Vacation</b>	<b>January 2nd</b>  Honey Nut Cheerios Cereal Scooby Doo Crackers Fruit Cup Orange Juice	<b>January 3rd</b>  Chocolate Chip Muffin Yogurt Cup Fresh Fruit Grape Juice	<b>January 4th</b>  Assorted Cereal Goldfish Crackers Applesauce Cup Assorted Juice

\*Menus are subject to change due to food availability\*

This institution is an equal opportunity provider.