

Middle School Lunch Menu March 2020

Rice Lake School District

March is National Celery Month!
Celery is a crunchy snack that is primarily grown in California.

Offer vs Serve Meal Pattern:

Students are offered 5 Food Components: Meat/Meat Alt, Grain (Whole Grain Rich), Fruit, Vegetables, and Milk
Asked to Choose at least 3 Full Components, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items

Complete Your Lunch with Ice Cold Assorted Milk (Skim, 1%, or FF Chocolate)

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Nuggets Pizza Sides: Rice a Roni/Broccoli Baby Carrots/Fresh Fruit Homemade Dinner Roll	3 BBQ Pork Patty on a Bun Hot Dog on a Bun Sides: Macaroni and Cheese Green Beans/Sliced Red Peppers Diced Peaches	4 Mini Corn Dogs Quesadilla Sides: Goldfish Pretzels Baked Beans Celery/Applesauce	5 Cheesy French Bread Sweet & Sour Chicken* Sides: Rice a Roni* Lettuce/Baby Carrots Fresh Fruit	6 Chicken Gravy Hamburger on a Bun Sides: Whipped Potatoes Peas/Sliced Cucumbers Dinner Roll/Fresh Fruit
9 Loaded Nachos Corn Dog on a Stick Sides: Corn Lettuce/Diced Tomatoes Fresh Fruit	10 Hamburger on a Bun Quesadilla Sides: Potato Smiles Lettuce/Tomatoes/Pickles Fresh Fruit	11 Hot Dog on a Bun Rodeo Burger Sides: Goldfish Crackers Baked Beans/Baby Carrots Mixed Fruit	12 Brd Chicken Patty on a Bun Cheesy French Bread Sides: Broccoli Sliced Cucumbers Applesauce	13 Mozzarella Dippers w/Sauce Warrior Burger Sides: Cooked Carrots Celery Sticks Diced Pears
16 Popcorn Chicken Italian Meatball Sub Sides: Corn/Baby Carrots Diced Peaches Homemade Dinner Roll	17 Breaded Ravioli w/Red Sauce Cheesy French Bread Sides: Garlic Breadstick Green Beans/Celery Sticks Fresh Fruit/Cookie	18 Sub Sandwich Hamburger on a Bun Sides: Cheez Its Baked Beans/Lettuce/Tomato Fresh Fruit	19 Pancakes w/Sausage Patty Calzone Sides: Tri Tators Baby Carrots Orange Juice	20 Pizza Mandarin Orange Chicken* Sides: Rice a Roni* Broccoli/Fresh Veggies Dinner Roll/Fresh Fruit
23 No School Spring Vacation	24 No School Spring Vacation	25 No School Spring Vacation	26 No School Spring Vacation	27 No School Spring Vacation
24 Cheeseburger on a Bun Sriracha Nuggets Sides: Potato Wedges Lettuce/Tomatoes/Pickles Fresh Fruit	25 Walking Taco Pizza Sides: Corn Lettuce/Diced Tomatoes Fresh Fruit			24 Lunch Prices: High School \$2.95 Middle School \$2.80 Elementary \$2.65 Adult/Guest \$3.85

2nd Line Options

- Monday**
Deli or PBJ Sandwich
Chef Salad
*Assorted Crackers
- Tuesday**
Deli or PBJ Sandwich
Chef Salad
*String Cheese
- Wednesday**
Deli or PBJ Sandwich
Chef Salad
*GoGurt
- Thursday**
Deli or PBJ Sandwich
Chef Salad
*String Cheese
- Friday**
Deli or PBJ Sandwich
Chef Salad
*Assorted Crackers

~Daily Choice of Fresh Veggies and Fruit~



Menus are subject to change due to food availability

This institution is an equal opportunity provider.