

Middle School Lunch Menu December 2018

Rice Lake School District

Look for New Menu Items Throughout the Year!!
The Food Service Tab on our School Website will be updated if changes occur to the menu.

Complete Your Lunch with Ice Cold Assorted Milk (Skim, 1%, or FF Chocolate)

Offer vs Serve Meal Pattern:
 Students are offered 5 Food Components: Meat/Meat Alt, Grain (Whole Grain Rich), Fruit, Vegetables, and Milk
 Asked to Choose at least 3 Full Components, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items

1st Line Options

Monday	Tuesday	Wednesday	Thursday	Friday
3 Loaded Nachos Corn Dog on a Stick <u>Sides:</u> Corn Diced Tomatoes Fresh Fruit	4 Pasta w/Meatballs & Sauce* Quesadilla <u>Sides:</u> Warm Garlic Breadstick* Broccoli/Baby Carrots Fresh Fruit	5 Hot Dog on a Bun Pizza <u>Sides:</u> Goldfish Crackers Baked Beans/Celery Sticks Mixed Fruit	6 Pancakes w/Sausage Brat on a Bun <u>Sides:</u> Tator Tots Baby Carrots Orange Juice	7 Mozzarella Dippers* Warrior Burger <u>Sides:</u> Red Sauce* Green Beans Diced Pears
10 Popcorn Chicken Italian Meatball Sub <u>Sides:</u> Cheez It/Fresh Veggies Homemade Dinner Roll Fresh Fruit	11 Hamburger on a Bun Hot Ham/Cheese on a Bun <u>Sides:</u> Potato Smiles Sliced Tomatoes/Pickles Applesauce	12 Mini Corn Dogs Rodeo Burger <u>Sides:</u> Baked Beans Coleslaw Fresh Fruit	13 Chicken Gravy w/Potatoes Quesadilla <u>Sides:</u> Peas Homemade Dinner Roll Fresh Fruit	14 Pizza Mandarin Orange Chicken* <u>Sides:</u> Rice* Cooked Carrots/Celery Sticks Diced Peaches
17 Cheesy Breadsticks* Spicy Brd Chicken Patty Sand <u>Sides:</u> Red Sauce/Dinner Roll* Baked Beans Applesauce	18 Walking Taco Corn Dog on a Stick <u>Sides:</u> Corn Diced Tomatoes Fresh Fruit	19 Cheeseburger on a Bun Hot Ham/Cheese on a Bun <u>Sides:</u> Potato Wedges Lettuce/Sliced Tomatoes Fresh Fruit	20 Sliced Ham Augratin Potatoes Peas Homemade Dinner Roll Fresh Fruit Apple Crisp	21 Brd Chicken Patty on a Bun Teriyaki Chix w/Rice* <u>Sides:</u> Broccoli Fruit Choice Homemade Dinner Roll*
24 <i>No School Winter Vacation</i>	25 <i>No School Winter Vacation</i>	26 <i>No School Winter Vacation</i>	27 <i>No School Winter Vacation</i>	28 <i>No School Winter Vacation</i>
31 <i>No School Winter Vacation</i>	January 1st <i>No School Winter Vacation</i>	January 2nd Hamburger on a Bun BBQ Pork Patty <u>Sides:</u> Seasoned Potato Cubes Fresh Veggies/Pickles Fresh Fruit	January 3rd Garlic French Bread* Mini Corn Dogs <u>Sides:</u> Red Sauce* Baked Beans/Baby Carrots Diced Peaches	January 4th Chicken Nuggets Italian Meatball Sub <u>Sides:</u> Rice a Roni Broccoli Fresh Fruit

2nd Line Options

Monday
 Deli or PBJ Sandwich
 Hamburger on a Bun
 Chef Salad
 *Assorted Crackers

Tuesday
 Deli or PBJ Sandwich
 Grilled Chicken on a Bun
 Chef Salad
 *String Cheese

Wednesday
 Deli or PBJ Sandwich
 Hot Ham/Ch on Pretzel Roll
 Chef Salad
 *GoGurt


Thursday
 Deli or PBJ Sandwich
 Hamburger on a Bun
 Chef Salad
 *String Cheese

Friday
 Deli or PBJ Sandwich
 Hot Dog on a Bun
 Chef Salad
 *Assorted Crackers

~Daily Choice of Fresh Veggies and Fruit~

Lunch Prices:

High School	\$2.95
Middle School	\$2.80
Elementary	\$2.65
Adult/Guest	\$3.85



Menus are subject to change due to food availability

This institution is an equal opportunity provider.

