

Middle School Lunch Menu September 2020

Rice Lake School District



Look for New Menu Items Throughout the Year!!
The Food Service Tab on our School Website will be updated if changes occur to the menu.



Offer vs Serve Meal Pattern:

Students are offered 5 Food Components: Meat/Meat Alt, Grain (Whole Grain Rich), Fruit, Vegetables, and Milk
 Asked to Choose at least 3 Full Components, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items

**Complete Your Lunch with Ice Cold Assorted Milk
 (1% White or FF Chocolate)**

Monday	Tuesday	Wednesday	Thursday	Friday								
	1 5th Grade Only Cheeseburger on a Bun Seasoned Potato Wedges Lettuce/Tomatoes Side Kick Ketchup	2 Hot Dog on a Bun Pizza <u>Sides:</u> Baked Beans Side Salad w/Ranch Mixed Fruit	3 Breaded Chicken Patty Garlic French Bread <u>Sides:</u> Side Salad w/Ranch Fresh Fruit	4 Mozzarella Dippers w/Red Sauce Warrior Burger <u>Sides:</u> Broccoli Side Salad w/Ranch Diced Peaches								
7 No School Labor Day	8 Popcorn Chicken Brat on a Bun <u>Sides:</u> Baked Beans Fresh Fruit Dinner Roll w/Smart Balance	9 Breaded Ravioli w/Red Sauce Garlic French Bread <u>Sides:</u> Side Salad w/Ranch Diced Pears	10 Pancake w/Sausage Patty Calzone <u>Sides:</u> Tri Tators Orange Juice Syrup/Ketchup	11 Pizza Mandarin Orange Chicken w/Rice <u>Sides:</u> Broccoli Side Salad w/Ranch Applesauce								
14 Cheesy Breadsticks w/Red Sauce Spicy Brd Chicken Patty on Bun <u>Sides:</u> Baked Beans Side Salad w/Ranch Diced Peaches	15 Walking Taco Pizza <u>Sides:</u> Corn Side Salad w/Ranch Fresh Fruit	16 Chicken Tenders Mini Corn Dogs <u>Sides:</u> Cheez Its Side Salad w/Ranch Strawberry Cup	17 Chicken Alfredo w/Roll Garlic French Bread <u>Sides:</u> Peas Side Salad w/Ranch Fresh Fruit	18 Cheeseburger on a Bun Honey Sriracha Nuggets <u>Sides:</u> Potato Wedges w/Ketchup Side Salad w/Ranch Fresh Fruit								
21 Chicken Nuggets Calzone <u>Sides:</u> Rice a Roni Side Salad w/Ranch Fresh Fruit	22 BBQ Pork Patty on a Bun Hot Dog on a Bun <u>Sides:</u> Macaroni and Cheese Green Beans/Side Salad w/Ranch Diced Peaches	23 Mini Corn Dogs Quesadilla <u>Sides:</u> Goldfish Pretzels Baked Beans Applesauce	24 Chicken Drumstick w/Roll Hamburger on a Bun <u>Sides:</u> Whipped Potatoes Peas/Side Salad w/Ranch Fresh Fruit	25 No School Teacher In-Service								
28 Nachos Corn Dog <u>Sides:</u> Corn Side Salad w/Ranch Fresh Fruit	29 Hamburger on a Bun Quesadilla <u>Sides:</u> Potato Smiles w/Ketchup Side Salad w/Ranch Fresh Fruit	30 Hot Dog on a Bun Pizza <u>Sides:</u> Baked Beans Side Salad w/Ranch Mixed Fruit	<p>Lunch Prices:</p> <table> <tr> <td>High School</td> <td>\$2.95</td> </tr> <tr> <td>Middle School</td> <td>\$2.80</td> </tr> <tr> <td>Elementary</td> <td>\$2.65</td> </tr> <tr> <td>Adult/Guest</td> <td>\$3.85</td> </tr> </table> 		High School	\$2.95	Middle School	\$2.80	Elementary	\$2.65	Adult/Guest	\$3.85
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Menus are subject to change due to food availability

This institution is an equal opportunity provider.