



The Unspoken Key To Consistency

April 6, 2019 by Michael Linsin

"Knowing what must be done does away with fear." -Rosa Parks

Consistency is everything to your success.

Because, if you're wishy-washy, if you let things go and fail to follow through on your promises –

Then your students won't trust you.

They won't listen to you. They won't respect you. They'll talk while you talk and misbehave behind your back.

Just the way it is.

Which is why here at SCM we place so much emphasis on being consistent.

Not just more consistent, but every-single-time consistent. It's the bedrock upon which a happy, well-behaved classroom is built.

If you haven't read [our previous articles on the topic](#), I encourage you to do so. They've helped many teachers finally find that missing piece of the classroom management puzzle.

And they can do the same for you.

But there is another key to being consistent I have yet to write about. It's one I've been reluctant to share outside of my coaching practice. Because, you see, it isn't a strategy per se.

It isn't something you apply or put into practice. It's something you possess, on the inside. It's a trait nobody talks about but the most effective teachers share.

It's mental toughness.

It's intestinal fortitude. It's moxie,chutzpah, tenacity, grit, mettle. It's the mama bear who will do whatever it takes to protect her cubs. It's the calm, kindly teacher with the heart of a lion beating within.

It's that part of you that says, "*I will do this!*"

But what if you don't feel it? What if your confidence is shot or you're worn out and jaded or you fear student or parent push-back? What if you've walked on eggshells for so long that you don't think you have it in you?

There is only one way. There is only one way to acquire the internal strength that will enable you to be the confident, consistent leader your students can count on.

You must change your perspective.

You must pull your focus away from the minutia of the job, from the petty nuisances, hassles, and responsibilities, and take in the big picture. Get a bird's eye view.

Because this is a job that matters.

There is a group of students who show up to your classroom every day who badly need you to be good at your job—for their future and their own ability to impact others and lead meaningful lives.

Remembering that you are part of something bigger than yourself is what Brendon Burchard, a high performance coach who works with CEOs, athletes, and entertainers like Usher and Oprah, calls "raising your necessity."

You were put where you are for a purpose.

It's a duty and obligation to a higher call. A mission, if you will, that when seen from above obliterates the uncertainty and the fear. It lays waste to the excuses and justifications. It stiffens your backbone.

It becomes not just something you should do or want to do or wish you did. It becomes something you must do, need to do, *have* to do.

It's your big why.

Never, ever forgetting why you became a teacher in the first place, and wearing it like a cape and shield, will give you the strength to toss aside any and all resistance to being fully committed to [your classroom management plan](#).

It will give you power, energy, and a welling of courage, boldness, and righteous anger to do right by your students. To take a stand for them.

To be consistent, every second of every day.

"I will protect every student's right to learn and enjoy school and that's just the way it's going to be."